# TRINITY TRUMPET

## Trinity United Methodist Church

December 2023/ January 2024

# From the Desk of the Pastor

- 7 X

Colossians 2:16-17 Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. These are a shadow of the things that were to come; the reality, however, is found in Christ.

December and January are such busy times for most people. They are times filled with tradition, memories, family and friends. Of course every family has different traditions, although many may have similar ones. Traditions are a great way to help tie the disparate ends of the family together, to keep the friend group on the same page and to provide a bit of normalcy in an otherwise hectic season. Tradition often lets us relax, because we know and understand what is going to happen for that day, or for those hours.

My family has had several traditions that I love to share. When my mother was still alive we would all go to her house, (my two sisters and I and our families.) We would have our Christmas dinner on Christmas Eve, then we would all go to worship together (usually I was preaching) before we would come back to open presents from the youngest to the oldest. We all knew what Christmas Eve would entail. Being with family, having good food, attending worship, and sharing gifts. I am sure many families have similar traditions.

But one peculiar tradition that developed at my house was a Christmas Day Pizza. As a pastor who has always had several services on Christmas Eve, and the aforementioned event at my mother's house, preparation for Christmas day was always difficult. So we decided we would order a pizza or two on Christmas Eve Day to heat up and eat for Christmas dinner. (I know that may be strange to many, but it always works for us.)

Yet my favorite tradition around Christmas is the manger that we put all our gifts in. Early into my marriage, before we had either Samuel or Joseph, I had a manger made for Tammy as a Christmas gift. Then every year after that we would place our gifts in the manger instead of under the tree. We realized that the greatest gift of Christmas was not found under a tree, but in a manger. We continue that to this day. Admittedly sometimes the gifts overflow, but our family gifts always start in the manger.

I think it is important to remember throughout all the celebrations that it really is all about Jesus. Family and food is great, time away from work is fun, and gifts are always nice, but we do not celebrate because of any of those things. We celebrate because God came near and was laid in a manger. The true gift of Christmas.

As Colossians says regarding holidays and feasting, these are just a representation of what has become a reality through Jesus Christ. He is the reason we celebrate anything. Hallelujah! Thank you, Jesus!

Celebrating our Savior together,

Pastor Hayden

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## Christmas Worship at Trinity United Methodist Church

## Sunday, December 24

9:00 AM Worship - Downtown

10:30 AM Worship - Family Life Center

**4:00 PM Service - Family Life Center** A Traditional Christmas Eve Service

Bring your family for hot chocolate and cookies as we share a traditional Christmas Eve Service with carols, communion and candle lighting.

**9:00 PM Service - Downtown** A Service of Abbreviated Lessons and Carols

The Sanctuary Choir will present anthems and join the congregation in singing familiar Christmas Carols. Pastor Hayden's Christmas message will be followed by the traditional candle lighting during "O Holy Night" (sung by Katie Oldham) and the congregational singing of "Silent Night."

### 11:00 PM Service - Downtown

A Service of Communion and Candlelight

Pastor Hayden will offer his Christmas message and administer Holy Communion. Along with the singing of traditional carols, special music will be offered by Zoë Sheller, Dr. John Wright, and Katie Oldham. The service will include the candle lighting and congregational singing of "Silent Night."

## Trinity United Methodist Church Christmas Door Wreaths December 2023

In memory of Jim and Elizabeth (Lib) Betts by their granddaughter, Tracy Shannahan and family.

In memory of Bill and Estelle Phoebus by their children, Howard Phoebus and Ellen Phoebus DiCintio and their families.

In memory of Nelson and Tom Berry, Jr. by their parents, Tom and Betty and their granddaughter, Alyssa.

In memory of George J. Mengason by his family.

In memory of their parents, Evelyn and James Parks, and Spyros and Matina Sarbanes by Tony and Billye Sarbanes and family.

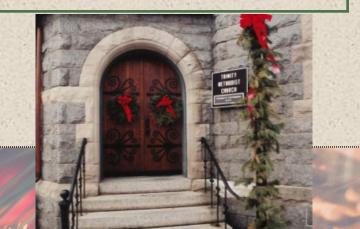
In loving memory of Alex and Wilma Azar by Stacy and Mick Dunn (Azar) and family.

In memory of our parents, Mr. and Mrs. James R. Thomas and Mr. and Mrs. Herman Stevens, by Jim and Kaye Thomas and family.

In memory of Harry Palmer by his wife, Mildred .

In honor of our grandchildren by Bill and Jennifer Doyle.

In honor of our grandchildren by Dick and Margy Meeks.



## Christmas Recipe

**Gingerdoodle** Cookies

These Gingerdoodle Cookies are a cross between a chewy gingerbread cookie and a classic snickerdoodle to create a new Christmas cookie recipe that will be an instant favorite. Prep Time: 15 minutes. Cook Time: 10 minutes. Total Time: 25 minutes.

#### Ingredients:

½ cup Dixie Crystals Granulated Sugar, divided
2 teaspoons cinnamon, divided
2 ¼ cups all-purpose flour
1 tablespoon cornstarch
2 teaspoons baking soda
½ teaspoon salt
1 teaspoon ground ginger
¼ teaspoon cloves
¼ teaspoon nutmeg
¾ cup (1.5 sticks) unsalted butter, softened
¾ cup Dixie Crystals Light Brown Sugar
¼ cup molasses
1 large egg
2 teaspoons vanilla extract

## Instructions:

Preheat oven to 350°F and line 2 cookie sheets with a silicone baking mat or parchment paper. Set aside.

In a small bowl, combine 1/4 cup granulated sugar and remaining one teaspoon of cinnamon. Set aside. In a medium-sized bowl, whisk together the flour, cornstarch, baking soda, one teaspoon of cinnamon, salt, ginger, cloves, and nutmeg. Set aside.

In a stand mixer, cream butter, brown sugar, and remaining 1/4 cup granulated sugar until light and fluffy, approximately 2 to 3 minutes. Add molasses, egg, and vanilla extract, mixing until well combined. Slowly add dry ingredients to wet ingredients, and mix until fully combined.

Use a medium-sized cookie scoop to scoop one heaping tablespoon of dough. Use your hands to roll the dough into a ball and toss to coat in the cinnamon sugar mixture. Place on cookie sheets, leaving about 2 inches for spreading. Repeat until all dough is used.

Bake for 10 minutes, until edges are just set. Be careful not to over bake. While warm and just out of the oven, sprinkle tops of cookies with any remaining cinnamon sugar mixture.

Let rest on cookie sheets for a few minutes before transferring to a wire rack to cool completely.



WHEN? Saturday, December 2nd 9am-Noon

WHAT? Crafts! Games! Snacks!

#### WHO? Children ages 4-10

WHY?

To give parents a few hours to take care of Holiday Movie! Fun! some holiday list activities

No walk-ins will be permitted. Parents must sign up their child/ren with the church office by noon on Tuesday, November 28th.



# Wednesday Fellowship Night

Wednesday, December 6

**Family Life Center** 

Come join us as we sing your favorite Christmas Songs! Fellowship Night at the FLC on Wednesday December 6th will give us an opportunity to join together and sing the Christmas songs we desire. Come at 5:30 for a short fellowship meal before we join around the piano to sing our favorite songs. Fun for the whole family.

# **Choices Academy**

# **Annual Holiday Bazaar**

Choices Academy is again having the annual holiday bazaar. We are asking the congregation to collect new or gently used items that students will select from to be given as gifts to their family members at no cost to the students. Please leave your donations



at the back of Trinity, at the FLC or take them to the church office. We need the items no later than December 10<sup>th</sup>. If you have any left-over Christmas wrappings or gift bags, please consider donating those as well. This activity benefits all students at Choices. Thank you in advance for supporting this activity.



## Sunday, December 17 - 2:00pm - Blue Christmas Service

The Blue Christmas Worship Service is an opportunity to acknowledge that the Christmas season is not always a happy one for many. Each year we face challenges we could not have anticipated and sometimes they really disrupt our otherwise joyful season. Often we have losses within our family or carry grief from pervious losses that continue to take their toll. So while we try to continue with the traditons and annual plans, we may find it not as wonderful as the carols proclaim. This service acknowledges the losses and offers hope in Jesus Christ. This service offers a tangible way to address this reality through prayers, and remembrances as we will write names and prayers on Christmas ornaments to be hung on a special tree in the Sanctuary as part of the worship service. This tree will stay up for the remainder of the season as a way of keeping these concerns with us throughout the season. Join us for a time of renewal and hope.

10	Easter Lily/	Christmas Poinsettia	
	C	order Form	
		o be in the church office by y, December 11)	
In Honor of:			
In Memory of:			
Given by:			
Please Check One:			
I w	ish to have a flower	I wish to ma	ke a donation
			\$14.00 each



## Joyful News! Caroling is Coming to Trinity!

Get ready to spread some holiday cheer, Trinity family!

On Wednesday, December 20th at 5:30pm, we'll be meeting at the Family Life Center before heading out to sing our favorite Christmas carols to church members.

Whether your voice is golden or makes ears ring (or both!), come join us for an evening of fun and fellowship. We'll break into groups and caravan around in the church vans and cars to share the sounds of the season with our church members.

Be sure to bundle up as we'll be caroling into the night! Don't forget your flashlights and festive spirit! Songbooks will be provided so you can belt out the lyrics to "Jingle Bells" and "Joy to the World."

After an evening of spreading joyful noise, we'll return to the Family Life Center Retreat House to warm up with hot chocolate and cookies.

Come enjoy the holiday spirit with your Trinity family! Let's make this a wonderfully musical Christmas to remember. <u>Mark your calendars.</u>



United Methodist Men Monday, January 15, 2024 5:30 p.m.

Pastor Hayden would like to restart the United Methodist Men organization. On **Monday, January 15,** 2024 beginning at 5:30 PM we would like to meet with any men interested in joining. The meeting will take place at **The Deli at Pecan Square 1210 Nanticoke Road. If you are interested please contact** Gil Dunn at 410-430-4376 or Carroll Thamert at 410-430-1356.



# THANK YOU NOTES

We would like to send a HUGE Thank You for putting on a great Trunk or Treat! We were welcomed and invited, as if we were at home! This means SO much! Thank You again! Happy Halloween!

The Dauberts, Kyle, Jess, Addie & Aubree Thank you for all your prayers and kind expressions of encouragement during my recent hip surgery. Your many cards, phone calls, visits, food and good wishes continue to warm my heart and lift my spirits during my recovery. I look forward to seeing everyone in church again soon.

Trinity is simply the best!

Sincerely, Karen Albright

Dear Trinity friends,

2023 has been a rough year for me, physically. However, as I began to have "pity parties for one", I would receive one or more cards from you folks with beautiful messages, both printed in the card and/or handwritten. They just brightened my days.

In Christian love,

**Shelly Messick** 

We would like to thank the Trinity family for all the cards and messages that Bill and I have received since he has been sick.

Your caring thoughts mean so much to us and we are blessed with such a wonderful church family

**Bill and Frances Young** 

# 2023 CHARITABLE DONATIONS

By Tracy Shannahan, Accountant

For your donations to be recorded as 2023 giving, the church must either receive your donation in the church office or offering plate by December 31, 2023, or it can be mailed, but must be **postmarked by December 31, 2023**.

If you want to give cash to the church, please use your giving envelopes or otherwise identify the cash so that your donations can be recorded and reported to you on a statement from the church. Since 2007, in order to claim any charitable deduction on your taxes, you must be able to show a bank record of the donation, such as a canceled check or a written communication from the charity that includes the charity's name, date of the donation and the amount.

We have a generous church, and we want to make sure you get tax credit for giving.

## Missions

By Carroll Thamert

"Star of Wonder, Star of Night, Star with royal beauty bright; Westward leading, still proceeding, Guide us to Thy Perfect Light!"

cember and January, I am reminded to pass. The young shepherds quiet- Christ is still here going into the New of the "Star of Bethlehem" that ly arriving with their sheep to the Year as it was that First Christmas brought light to a dark world over 2000 years ago. It was a beacon in the sky that guided men, women, and children to the Miracle of "the Word becoming Flesh", God in human form as a baby boy born in humble surroundings. This was the greatest gift sied Messiah, the Son of God to Ju- Even though we're all human and in the history of mankind, "the Lamb dah. of God", the True Light of His Son, searched for years for the celestial Jesus Christ, shining brighter than any darkness evil can produce. The "Star" is still here to guide all those that believe to Salvation and Eternal Life. As John 3:16 says, "For God so loved the world, that he gave his only Son that whoever believes in him should not perish but have eternal the Magi knelt before the baby giving life."

The Joy, the Hope, the songs, the lights/decorations, and the anticipation of this time of year, brings back memories of Christmas Past when I was a young child attending Neavitt UM Church or my children were young attending Trinity UM Church. Who can forget the Sunday School Christmas pageants reliving that First Christmas Night! The children played the parts of Mary, Joseph, the Shepherds, and the wisemen. They were dressed in their bathrobes with head coverings which included towels and tin foil crowns. The Angels wore white robes with cardboard wings. Their parents nervously watched with pride. I can remember that pride as well as the excitement and joy as I looked at the wonder and smiles on the faces of the children as they gathered around Baby Jesus under the lights of the Bethlehem Star.

As excited as we were at these day after his death and burial in order Christmas Church Pageants, one can to save all men and women from sin. only imagine what it must have been Jesus sacrificed himself in our place like that very first Christmas Day over so anyone, Jew or Gentile, who be-2000 years ago. The Faith and Love lieved in him and seek him will have that Mary and Joseph must have had Eternal Life. in God as they took refuge in that humble setting of Bethlehem when Jesus was born and became "God the Star of Bethlehem and the Light Incarnate", the "Word made Flesh", of Christ is still there to lead All that The Old Testament prophecy of the seek Salvation through Jesus, the As we enter the months of De- coming of Israel's Messiah had come Greatest Gift. The Shining Light of birthplace of "King of Kings", a hum- Day, breaking through the darkness ble ruler born to be the Shepherd of of poverty, immorality, war, illness, the Jews. At the same time, the political corruption, inequality, sin, Wisemen still traveling on their 800- and death for those that seek Him. mile journey from Persia following a Bright Star in the East to the prophe-As astrologers, they had sign announcing the Birth of the Jewish Messiah. According to tradition, the journey finally ended in Bethle- not only use our talents, our money, hem on Epiphany Sunday, January 6. This was only after a short stop in individual witnessing through actions Jerusalem to see the real intentions and words to help spread the Love of King Herod. It was in Bethlehem and the Word of Jesus to others. their gifts meant for a king that they ryday undertakings, our jobs, and in must have had their "Eureka Moment" our Trinity supported Missions. Peror Epiphany. They realized that the haps you'd like to help and witness in baby before they them born in hum- one of the following this year: T-Cap; ble surroundings was the manifesta- Santa's Angels; the Christian Shelter. tion of Christ, that Jesus was sent by HALO; HOPE; ASP; Joseph House; God in human form as the Good Hands and Hearts Ending Homeless-Shepherd over All, Jews and Gen- ness; and/or Salisbury Urban Ministiles. One can only imagine the Joy tries (Lazarus Food Pantry; God's and Hope that these Wisemen had Kitchen; Men' Welcome Center). has they accepted God and His Son Jesus as their Savior and Ruler, turning their backs on evil as represented by Herod.

> Jesus was born Immanuel, "God others to the Light of Christ. is with Us"! Jesus entered the human race as an innocent baby to live as a human in every way with with a perfect life. He was born; he aged; he learned scriptures; he taught/ preached; he had human/physical emotions; he performed miracles; he forgave others; he suffered under evil men; and he died a painful death on a cross, mocked by many. As the Shepherd to His Flock, that is not the end of the story. The greatest gift was that He was resurrected on the third

As we end 2023 and begin 2024, Sometimes those that seek, need only to be encouraged down the path. make human mistakes, as Christians let's make a commitment, as Chris Miles pointed out in a Stewardship/ Mission Moment earlier in the year, to and our service, but also our own This can be accomplished in our eve-

As the Shepherds and Wisemen led to the Savior by the Star of Bethlehem's light, let us as members of the Trinity and Christian Family, lead

May you and your Family have a Merry Christmas and a Happy New Year!!!!! God Bless You All!



## Salisbury Urban Ministries (SUM) Update

By Carroll Thamert

Thanks goes out to the Holly Jolly Shoppers Fair held in October at the of Salisbury Urban Ministries FLC. It was a very successful experience for all involved: the Organizers; the Vendors; and the Visitors. Salisbury Urban Ministries would

like to thank Trinity for the \$2,410.38 donation from the Fair for its programs

Just a reminder: Each Sunday after each service, food, clothing, or monetary donations can be made to SUM. Containers in the back of the Downtown Sanctuary and the FLC lobby are available for donations. Donations can also be dropped off at the Church Office or SUM Office during the week. Items bought through online purchasing at Amazon or WalMart can be directly sent to:

> Salisbury Urban Ministries 326 Barclay St. Salisbury, Md 21801

Last month your donations helped a lot. The Lazarus Food Pantry spent \$3,629.45 on food assisting 166 families and 340 individuals including nine new clients with 388 total food bags given out (196 government bought/192 donated).

Thank you for your prayers, donations, and volunteer hours!



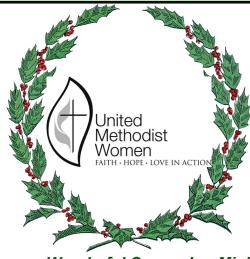
# Spare Change – Change a Life

Help change a life with your spare change: During December, please consider donating your spare change or paper money (checks) to SUM.

Large plastic containers are located in the back of the Downtown Sanctuary and the FLC lobby.

Your change can provide hot meals, for the Kid's Cafe, provide snack bags and warm clothes for the homeless, assist individuals with prescription costs, and provide food bags of staples, dairy products, fish and meats to the needy. A little spare change can go along way.

Salisbury Urban Ministries will pick up the Spare Change jars the 1<sup>st</sup> week in January.



# Tríníty Uníted Methodíst Women

"For unto us a child is born, to us a son is given; and the government will be on his shoulder, and he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace." Isaiah 9:6

We are entering into one of the most beautiful and holy times of the year on our church calendar, the birthday of Jesus Christ! As we are busy preparing for this joyous event beginning with the four Sundays of Advent and all the many Christmas festivities with friends and family, let us always remember the reason for this celebration, the wondrous birth of our Lord and Savior, Jesus Christ!

The United Methodist Women of Trinity have a very busy December and January. We start off the month with our annual Christmas lunch at Green Hill Country Club on Tuesday, December 5th at noon. This year we will also be doing a Christmas ornament exchange and a canned food drive for the SUM food pantry. We are looking forward to seeing all of our circle members and their guests at this festive event!

On Saturday, December 16th from 9:00 am-12:00 noon in the JMB, we will have our second annual jewelry, scarf and Christmas cookie sale to raise funds for our community projects. Please tell all your friends and come out to support this fun event as well as get some great last minute Christmas gifts and homemade and delicious pre-packaged Christmas cookies and other sweets.

Thank you to everyone who lovingly filled a Salvation Army Christmas Stocking for the children in our community. They will be delivered to the Salvation Army office on December 1st and will be distributed to the children later in December.

After the busy Christmas season, we will resume our circle meetings the first week in January. The week of Saturday, January 6th-Friday, January 12th, Trinitys UMW circles will be preparing and delivering a hot meal each evening to the Hands and Hearts Ending Homelessness cold weather shelter housed at the Seventh Day Adventist Church. We will also be providing breakfast, lunch and snack items for those days as needed.

I wish everyone a Blessed Christmas Season and a Happy and Healthy New Year filled with Peace, Hope, Joy and Love!

In Christian Love, Jennifer Doyle UMW President 419-440-8869

# DECEMBER 2023

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* *				* *	¹ ★ *	2 9am Parents' Holiday Power Hours—FLC
43 Communion 9am Sanctuary Worship Service 10:30am FLC Worship Service 1st ADVENT SUNDAY	4 3:30pm Hebrew Class	5 12pm UMW Christmas Luncheon 5:15pm Unstuck Bible Study 6:30pm Compassionate Friends Service	6 5:30pm Fellow- ship /Caroling Night 7:30 pm FLC Praise Team	7 2pm ABC Study Group 4:30pm Handbell Choir 5pm Grief Share 6pm Outreach & Events Committee 6:30 pm Sanctuary Choir	8	9 ** *
<ul> <li>10</li> <li>9am Sanctuary Worship Service</li> <li>10:30am FLC Worship Service</li> <li>7:30pm Worship at HALO</li> <li>2nd ADVENT SUNDAY</li> </ul>	11 3:30pm Hebrew Class	12 5:15pm Unstuck Bible Study	13 7:30 pm FLC Praise Team	14 4:30pm Handbell Choir 5pm Grief Share 6:30 pm Sanctuary Choir	15	16 9am UMW Jewelry/Cookie/ Scarf Sale
<ul> <li>17</li> <li>9am Sanctuary Worship Service</li> <li>10:30am FLC Worship Service</li> <li>2pm Blue Christmas Service</li> <li>3rd ADVENT SUNDAY</li> </ul>	18 3:30pm Hebrew Class	19 5:15pm Unstuck Bible Study	20 5:30pm Christmas Caroling 7:30 pm FLC Praise Team	21 2pm ABC Study Group 4:30pm Handbell Choir 6:30 pm Sanctuary Choir	22	23 Santa's Angels will deliver the gifts to the fami- lies today begin- ning at 7 a.m. at the FLC
24 9am Sanctuary Worship Service 10:30am FLC Worship Services 4pm - FLC 9pm & 11pm - Downtown 4th ADVENT SUNDAY CHRISTMAS EVE	25 Church Office Closed	26	27 1pm Christian Book Club 7:30 pm FLC Praise Team	28 4:30pm Handbell Choir 6:30 pm Sanctuary Choir	29	30
<sup>31</sup> *	*	*	<b>★</b> 12	*	*	*

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# DECEMBER BIRTHD&YS

- 1- Adriana Dunsten James Gaul Jessica Kostelac Larbet Tull
- 2 Lyndsay Mooney Beverly Tull Marley Webster
- 3 Hayley Howard Juliette Kostelac Theresa Titus
- 4 Baylor Barnes Matthew Laws Rosemarie Leonard Omar Lowman Hanna Pusey Sara Ryman Kendal Snyder
- 5 Howard Culver Barbara Dix Michael Dunne Katelyn Menzel Lindsey Menzel Hannah Richardson Helene Richardson
- 6 Jessica Agnew Katherine Irvine Anne Peacock
- 7 Stacie Dees
- 8 Vicki Corbett Terrance Dunn Louise Hartman Will Hedger Robert Kantzes Chuck Lankford Andrea Martin David Mellone Sarah Renshaw Joleen Roe Ryan Townsend

- 9 David Phippin Frances Pitsenbarger Julia Taylor MargeryVioletta-Ropko
- 10 Andrew Chandler Grayson Ennis Hunter Hammond Leah Wilson
- 11 Regina Ahtes Bruce Ennis Joey Kitzrow Laurel LaVorgna Katherine Vorhis
- 12 Hailee Arrington Rosemary Gallis Tom Holder Elle Hudson Phyllis Oldham Bob Wheatley
- 13 Kelly Chandler Leona Collins Joanne Esham Addison Laws Samantha Rozaieski Robert Snyder Barbara Webster Evan Weeg
- 14 Alaina Kiser Lauren Mann Adam Meeks Kaitlin Sande
- 15 Cynthia Ashcraft Roger Follebout III
- 16 Katelyn Barnes Cali Fletcher Ellis Hudson Mike Purkey
- 17 Susan Banks Liz MacFarlane Mark Thomas

- 18 Matthew Doyle Max Guy
- 19 Jeanne Dwiggins Charles Kriegisch Herb McCoun
- 20 Chiara Alfano Heath Collins Erica Howard Cheryl Parker Caleb Ritchey
- 21 David Douse Callie Jones Jeff Merritt Bo Su Grace Thorpe Phyllis Vinyard
- 22 Taya Pusey Stephen Wheatley
- 23 Tony Gilkerson Joseph Hannemann Tom Wieland
- 24 Dale Dwiggins Andrew Morris
- 25 Jesus Christ Chris Ashcraft Ginger Culver Sandy Robinson Amy Shetler Heather Yesko
- 26 Robert Rickards Wayne Smith
- 27 Donald Bailey Dianne Dykes Becky Gregory Robert Merritt II Richard Snyder
- 28 Lindsay Jones Lauren Ross

- 29 Kathleen Bryson Daelyn Gregory
- 30 Kathleen Abercrombie Jessie Schramko William Young
- 31 Andrea Dunsten

PLEASE NOTE: If your name does not appear on this list it does not mean that we do not have you as a Trinity member. It only means that we do not have your birth date. Please qive the church office a call with any additions to, or corrections of this list.



# JANUARY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Church Office Closed 1 3:30pm Hebrew Class NEW YEAR'S DAY	2 1 pm UMW "Esther"	3 7:30pm FLC Praise team	4 10am UMW "Ruth" 2pm ABC Study Group 4:30pm Handbell Choir 6:30pm Sanctuary Choir	5	6
7 Communion 9:00 an Worship Sanctuary 10:30am FLC Worship Service	<ul> <li>8</li> <li>1:30pm UMW</li> <li>"Deborah"</li> <li>3:30pm Hebrew Class</li> <li>5:30pm UMM Interest Meeting</li> </ul>	9 5:15pm Board of Trustees Meeting	10 6pm Pastor's Bible Study 7:30pm FLC Praise team	11 11:30am Altar Guild Meeting 4:30pm Handbell Choir 6:30pm Sanctuary Choir	12	13
14 9:00 am Worship Sanctuary 10:30am FLC Worship Service	15 OFFICE CLOSED 3:30pm Hebrew Class 5:30pm UMM Interest Meeting MARTIN LUTHER KING,	16 5:15pm Finance Committee Meeting	<ul> <li>17</li> <li>6pm Pastor's Bible Study</li> <li>7:30pm FLC Praise team</li> </ul>	18 2pm ABC Study Group 4:30pm Handbell Choir 6:30pm Sanctuary Choir	<b>19</b> <b>6pm</b> Paint Night - FLC	20
21 9am UMW Of- ficer Installation 9:00 am Worship Sanctuary 10:30am FLC Worship Service 28	JR. DAY 22 3:30pm Hebrew Class 29	23 5:15pm SPRC Meeting 30	24 1pm Christian Book Club 6pm Pastor's Bible Study 7:30pm FLC Praise team 31	25 4:30pm Handbell Choir 6:30pm Sanctuary Choir	26	27
9:00 am Worship Sanctuary 10:30am FLC Worship Service	<b>3:30pm</b> Hebrew Class		<b>6pm</b> Pastor's Bible Study			No.



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- 1 Lenny Kutchen Dave Rossi Richard Webb
- 2 Phil Eberspeaker Robyn White
- 3 Brenda Hearn Laura Hill Sean Howard Tammy Kantzes Gabrielle LaVorgna Joan Manzini Lori McCoun John Psota
- 4 Steven Groves Olivia Kitzrow Kory Lowe Trever Pusey
- 5 Ethan Richardson Dylan Warwick Heather Wieland
- 6 James Ford, Jr. Joe Pitsenbarger
- 7 Patricia Bragg Kenna Fleming Amanda Moore Brendan Payne Kristyn Snyder

8 - Susan Bailey Annette Huddleston

- 9 Carol Carey Olivia Hamilton Jill Hussey Brian Parsons
- 10 Jeremy Knopf Elliana Long Brittany Mauzy Bill Mengason, Jr. Sadie Robertson
- 11 Richard Dunn Susan Dunsten Dylan Kenney Sadie Nelson Billye Sarbanes
- 12 Brooke Benedict Day John DeMott Jennifer Heinicke Rachael Meeks
- 13 Sylvia Chiofolo Patrick Dix Greg Holland Terri Hussey Viola Moore
- 14 Christjon Huddleston Jakob Mahon Karen Quillen Allen Riggins
- 15 Caroline Chandler Drew Chandler Steven Chandler Gabriel Davenport Kim Nechay Guinn Paxton Hazel Price Hailey Ritchey Robert Todd Izabella Wieland Tristan Wieland Zenden Wieland
- l6 Alan Hogg Valerie Stevenson
- 17 Larry Collins Timothy Emge II Carly Layfield Evan Psota

- 18 John Nelson III
- 19 Aaron Jones Brady Jones
- 20 Rebecca Barnard Kelly Shannahan Jessica Terrell Samantha Titus Nancy Turner
- 21 John Ericson, Jr. Leslie Follebout Allison Hickman Steven McGrillies Carolyn Smith
- 22 Carter Day Walker Day Lindsay Edler Patrick McGrillies Melanie Meeks
- 23 Sophia Elburn Paul Ennis Ted Graef Jackie Kutchen Cody Moore Olin Shockley
- 24 Philip Desjardins Isabella Hooper Paul Jones Fran Reed Kelsey Reichenberg Graysen Wright
- 25 Sue Andrews Michael Charlton Edmund Yesko, Jr.
- 26 Christina Dickerson Corey Haldeman Aiden Nelson Jennifer Rayne Joe Seagraves
- 27 Linda Downes Marcus Henderson Joyce Hickman Parker Savage Luke Smith

- 28 Bryan Phillips
- 29 Deborah Ball Heather Charlton Margaret Harkins Jared Terrell
- 30 Kern Briele Joyce Dunn Reese Fletcher Peggy Layton Noah Thomas
- 31 Ryan Kenney Gene Malone Tenley Pelot Elizabeth Soper



## Handwashing Habits: Your Gifts to Your Family and Yourself

Health Outreach Ministry

Dot Baker, RN



Check your "handwash" IQ - Choose True or False for these items.

1. A sneeze travels at 200 miles per hour & carries germs. 2. Germs are everywhere & can make us sick. 3. We should "catch" a sneeze or cough in our hands. 4. Dirty hands spread colds & flu and other diseases such as Hepatitis A, meningitis, and diarrhea. 5. It's ok to touch my face, nose, & mouth anytime. 6. Soap & water are our best handwash friends. 7. I'm safe if I wash my hands a couple of times a day. 8. I can make other people sick if I touch them or their food with my dirty hands. 9. Hand gels/sanitizers take the place of handwashing with soap and water. See answers at bottom of page.

### WATCH OUT - DIRTY HANDS WITH GERMS CAN MAKE YOU sick!

Cold & flu season is here. Our food needs to be safe. So-o-o BEWARE! Germs are spread by our hands, through the air, and on surfaces. They are on door handles, countertops, computer key-boards, phones, water cooler handles, personal products, soiled clothes, gyms, grocery carts, toys, infected cuts, etc., etc. Our hands pick up germs from whatever we touch. We just need to be aware that germs are EVERYWHERE.

Did you know that handwashing is "the single most important thing" that we can do to keep from getting sick? Ever lose sick time from work or school or play? We might not get sick as often if we do what? WASH OUR HANDS more often! <u>WHEN</u> to WASH OUR HANDS? 1. Before we eat or handle food 2. After use the toilet 3. After blow or wipe our nose 4. After cough/sneeze into a tissue 5. During work/school/church day & when you get home 6. When you get to work/school 7. After petting animals 8. Before/after you touch a cut 9. After visit a sick person 10. After play inside or outside or garden in soil 11. ANY time that you think that you need to wash your hands

**HOW to wash our hands? 1.** Wet your hands and apply liquid or clean bar soap. Place the bar soap on a rack and allow it to drain. **2.** Rub your hands vigorously together and scrub all surfaces (back of hands, wrists, between fingers, under fingernails). **3.** Continue for **20 seconds** or about the length of time to sing the alphabet song or Row Your Boat. Soap PLUS scrubbing dislodges & removes germs. **4.** Rinse well. **5.** Dry your hands. **6.** Turn off the faucet with paper towel you use to dry your hands (do not want to touch germy faucet with your clean hands & get germs on your clean hands).

### YOUR TRINITY HEALTH OUTREACH MINISTRY WISHES EVERYONE A BLESSED & HEALTHY CHRISTMAS SEASON AND A GOOD NEW YEAR!

True/False answers: 1=True, 2=True, 3=False (should use tissue or sleeve for cough), 4= True, 5=False (can spread germs that make you sick), 6=True, 7=False (see list of times when you should wash your hands OR any time that you think that you need to wash your hands), 8= True 9=False (hand sanitizers do not take the place of handwashing with soap & water, particularly if your hands are dirty or soiled. Resources: CDC, Mayo Clinic, Henry the Hand (information, video, & variety of program kits) @ http://www.henrythehand.com/





By Carolyn Lewis, RN

As the season on Advent arrives, we look forward to Christmas Eve and Christmas Day as we celebrate the birth of our Lord and Savior.

Religious practices differ by different faiths but those who believe in Jesus Christ will celebrate His birth in their own way.

The full Biblical account of Christmas, as we celebrate it today, is found in <u>Luke 2:4-19</u>. This Gospel tells the story of the baby Jesus' birth to Mary and Joseph, an engaged couple from Nazareth. Mary had conceived through a miracle after an angel appeared to her telling her she would give birth to the Son of God. Through a series of events that led Mary and Joseph out of Nazareth, this baby, Jesus, was born in a manger in a stable.

Though the exact date of his birth is unknown, Christians have celebrated this event on December 25 every year. Additional references to the birth of Christ are found in <u>Matthew 2</u> and <u>Galatians 4:4-5</u>. The reason Christ's birth is so significant is that Jesus is one of the three persons making up the holy trinity of God: the Father, Son, and Holy Spirit. It also marks the beginning of the Christian faith.

Before Jesus' birth, Christianity didn't exist. Many prophets of Judaism predicted a messiah coming to earth, as seen in <u>Isaiah 9:6</u>: "For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace." Christians believe that Jesus' birth was the coming of that messiah. As <u>John</u> <u>3:16</u> states, "For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." For Christians, the Christmas holiday honors God's manifestation on earth in the form of Jesus.

Jesus was raised by his parents and at a very early age there are records of him teaching in the temple.

There is a song that we learned many years ago that went like this: "In the temple, in the temple. Stood a little boy one day, And the doctors wondered greatly. At the words they heard Him say. Refrain: "It was Jesus!" It is hard to fathom a child teaching the word of God to men at least twice his age even though we have no way of knowing the age of any of the priest since that was never recorded.

As you prepare to celebrate Christmas, remember to celebrate the true spirit of Christmas. From my family to yours, we wish you a very Merry Christmas and a Happy New Year.

#### SANTA'S ANGELS

Once again we will participate in the mission program of Santa's angels and you will be given the opportunity to purchase gifts or gift cards from the list of things hanging on the tree, you can secure a family and purchase the items on their list and wrap the packages and place them in the big plastic bags and return them to the family life center at the designated times.

We will need people who want to help distribute the gifts on December the 23<sup>rd</sup> to let us know so they can be assigned to a route. We are doing the delivery on Saturday December 23<sup>rd</sup> since Sunday is Christmas Eve.

The families getting help with Christmas through this program are screened by the school system and they are not getting help from any other agency.

This program displays to me the true meaning of Christmas and the passage that reminds us it is better to give than receive.

#### **CONGREGATIONAL CARE**

We have had several folks in the hospital and rehab hospitals and some who have chosen to stay at home and be cared for by their families. Our pastors have tried to meet the family needs with visits and phone calls and in the absence of Rev. Joe Burris our minister of visitation I want to thank Rev. Dale Vroman for stepping in and taking care of the visitation that has been needed.

Our visitation committee met last month and we discussed some members we had visited and some who were still in need of visits.

This is such a vital ministry and it means so much to our members who are at home for one reason or another.

Please keep those who are on the pray list each week in your prayers.

Our next meeting will be in January 2024.

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## Contact:

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