



Trinity Trumpet

Trinity United
Methodist
Church

February 2022

MESSAGE FROM OUR LAY LEADER

Greetings from your Trinity UMC officers and Happy New Year!

We hope you had a wonderful Christmas and experienced the true celebration of our Christ entering the world over 2,000 years ago. It is an ageless story that makes us truly thankful for God's greatest gift of His Son, that he sent to save the world.

I am filling in this slot where the Senior Pastor would normally write an opening article. We have been through a bout of cold weather already, and even encountered some snow. We hope that everyone is safe and healthy, despite these unusual times, with another outbreak of a Covid variant.

While we realize that Trinity is also experiencing unusual times, we can all get where we want to be, if we get there together. I pray for Trinity and its congregation every night and I am confident that we will face this challenge, as different challenges have been faced by our forefathers - "through prayer and supplication". My grandfather used to use that term, but I never fully understood what supplication meant. I Googled the term and found that it means to ask for something earnestly and humbly. So I am asking all of you to also through Prayer and Supplication, help us move forward in this new year as we welcome a new Senior Pastor and his/her family into our community of believers. I know that Trinity is a welcoming and caring congregation. That is probably what attracted all of us to Trinity, whenever we joined.

We don't know when the Bishop and her cabinet may make a decision regarding Reverend Rich Evans' replacement, but we hope and pray it will be before the end of February. Dr. Terry Greenwood and the Staff Parish Relations Committee (SPRC) have spent many hours in meetings (15 by last count in 2021) and developed profile material related to the pastoral search, not to mention lots of phone calls related to the selection process. We have some dedicated members of that committee. On behalf of the church, we give thanks for their contributions.

I do want to once again ask you to pray for Pastor Rich, his family and for his replacement, for our members, and to ask you to earnestly wait upon the Lord. During these times, there is not a lot of patience out there, but the Bible calls us to wait upon Him, who is ever with us and knows our every need!

May the year 2022 exceed your every expectation.

God Bless you and Trinity UMC.

Jim Thomas,

Lay Leader

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RECIPE OF THE MONTH

Cherry Kisses

Ingredients:

4 large egg whites
1-1/4 cups sugar
1/3 cup chopped walnuts
1/3 cup chopped pitted dates
1/3 cup chopped candied cherries

Directions:

Directions: Place egg whites in a large bowl; let stand at room temperature for 30 minutes. Beat on medium speed until soft peaks form. Gradually beat in sugar, 1 tablespoon at a time, on high until stiff glossy peaks form and the sugar is dissolved. Fold in the walnuts, dates and cherries. Drop by teaspoons full 2 in. apart onto lightly

Military Family Coupon Program

Tommy and Carolyn Lewis, Coordinators

We are requesting that you clip coupons individually and make sure that the dates are current. We collected \$5,497.00 worth of coupons for December. The total dollar amount of coupons collected for 2021 was \$134,083.76. Coupons can be placed in the church mail slot at the Palmer Building front door or we can receive them by mail.



SALISBURY URBAN MINISTRIES

DONATIONS NEEDED FOR:

LAZARUS FOOD PANTRY:

RAMEN NOODLES

CHAP STICK

MEAL MAKERS FOR GROUND BEEF

KIDS CAFÉ:

TAKIS CHIPS

SNACK CAKES

FRUIT SNACKS OR ROLL-UPS

MEN'S WELCOME CENTER:

MEN'S GLOVES OR HAND WARMERS

ADULT SLEEPING BAGS

Donations can be dropped off at
Salisbury Urban Ministries Office
326 Barclay St
Or call 410-749-1563

Membership News



BAPTISMS

November 26, 2021
Alexander Lischick

DEATHS

December 12, 2021
Anna Elizabeth Calloway

December 25, 2021
Harry Nichols Waller

December 27, 2021
Greg E. Peacock

January 10, 2022
Rev Harry A. Gray

January 10, 2022
George James Mengason

January 20, 2022
William E. Horstman

Active Believers Christian Bible Group HALO Mission

Active Believers Christian Bible Group at Trinity United Methodist Church has donated over \$2,500 in food donations to the Hope & Life Outreach (HALO) homeless shelter in Salisbury, Maryland in recent months. The smiles and thanks when we deliver the food are so rewarding. HALO has served over 34,000 meals in 2021 and our donations have supported his effort of the shelter.

If you would like to participate in the mission, send money to the church and mark ABC Bible Mission HALO on the memo line.



Congregational Care

By Carolyn Lewis, Chairperson

We have continued our card mission. We also sent out Christmas cards to all our college students and included a small monetary gift in each one of them. We will have two more mailings to our college students in the spring,

We have had a lot of changes in our shut-in list and nursing home lists. We try hard to keep up with the different changes and send out the list to our card people. If you know of any of our members who are sick or shut-in at home, please call the church office and let us know.



By Ginny Riffle, President

We thank everyone for their support this past year. We were able to fund all our local church and community missions: Christian Shelter, Joseph House, Salisbury Urban Ministries, Hope and Life Outreach, Help Outreach Point of Entry, Inc., ASP Project, Deer's Head Hospital Volunteers, Women Supporting Women and Life Crisis Center.

Thank you to Barb Morris for chairing our Salvation Army Stockings. We appreciate the church support and we filled 50 stockings for the children in the community.

Thank you to Jennifer Doyle for chairing our Christmas Luncheon at the Green Hill Country Club. 34 ladies attended and the day was sunny and beautiful.

We have a few new officers for the coming year: Jill McCabe, Secretary, Marlene Waller, Membership Coordinator, and Janet Wright/Sandy Robinson - Esther Circle Leaders

I want to thank retiring officers, Beryl Whaley, Jane Ford and Ann Stevens for all their hard work on the Board and being so faithful in their positions. This will be my 4th year as President and plan to step down at the end of the year 2022.

We held a Pampered Chef fundraiser January 11. 21 ladies attended. We appreciate everyone's support. We are thankful to Ruth Ann Savage's sister-in-law, Karen Rogers, for giving us her entire profits of our sale of Pampered Chef products to go toward our community missions. Looks like we made \$1,440. We are so blessed for this fundraiser and Karen Roger's generosity.

The three circles have started meeting. All ladies of the church are welcome to attend any of our circle meetings and get involved in the United Methodist Women.

Wishing you all a blessed and safe Covid-free 2022.

Importance of Counting your Blessings

Ginny Riffle



"Whoever involves a blessing in the land will do so by the one true God"
NIV-Isaiah 65:16

At our December United Methodist Women's luncheon, I gave each of the women a *Blessing Jar* I made of sayings I liked. I wanted all the ladies to know what a blessing they are to me and to know they are each blessed by God.

It's easy to go through life feeling unhappy and to start complaining. It can be easy to find fault in most things. The person who has developed the habit of counting their blessings is extremely *happy*. They believe there is a solution for every problem and diligently look for it. In the darkest moments, you remain hopeful because you know it will work out well.

The more you count your blessings, the more you will be aware of how many blessings God pours into your life. Your heart and mind will begin to overflow⁴ with gratitude for God's grace. Make a point of noticing God's abundant blessings in your life. Appreciate them and give him thanks.



Oodles of Noodles

February's food donation theme for the Salisbury Urban Ministries food pantry is "Oodles of Noodles." Any food item with noodles or pasta and sauce would be greatly appreciated!



Hands and Hearts Ending Homelessness Shelter



<https://www.facebook.com/salisburyhheh>

The Community Emergency Shelter Project has grown to become a nonprofit called **Hands and Hearts Ending Homelessness**. Hands and Hearts Ending Homelessness is a community-based effort to provide a safe, temporary, emergency, overnight shelter, and hospitality to homeless men in Salisbury. It opened in November of 2021 at Park Seventh Day Church located at 31525 John Deere Drive in Salisbury. Trinity has a long history of helping with the shelter program and offering comfort and hope to the most vulnerable in our community. This year the shelter will run through April 30th, but the long-term plan is for it to be a year-round shelter. Thank you for considering volunteering and supporting this very important ministry. You will find information about volunteer opportunities and how to sign up to volunteer below. This is truly a community effort of believers from all faiths and walks of life that cannot be successful without the hands and hearts of many!

Volunteer Opportunities

Volunteers are needed:

At the check-in area from 4:45-8pm and from 7:45-11pm.

For overnight shifts from 11pm-7am. (adult males only)

To provide meals for 25 people.

Meal Instructions

Volunteers are asked only to provide the food supplies for **breakfasts and lunches**. Volunteers at the shelter will make the lunch sandwiches, bag the lunches, etc. The supplies for 25 breakfasts or lunches should be dropped off at the main door to the shelter by 6:15am on the morning of or between 4:00 and 4:30pm the evening before your scheduled date.

Breakfast suggestions include breakfast sandwiches (will be microwaved on-site), hard boiled eggs, soft breakfast or granola bars, fruit or fruit cup, yogurt, individually wrapped pastries and juice. If you plan to provide granola bars or fruit, please choose soft items. Some of the men have dental issues and they will not eat chewy or hard granola bars or hard fruit.

Lunches should include sandwich fixings, fruit, chips, drink, and dessert. Any kind of lunchmeat and cheese or cold salads such as chicken or tuna are appropriate for sandwiches.

Dinners should include a meat, vegetable, starch and roll or bread for 25 persons. Dessert is optional but appreciated. Shelter volunteers will serve the meal and provide drinks, plates, silverware, etc. **Dinners need to be dropped off heated and ready to serve between 5:30 and 5:45pm on your assigned date.** The kitchen is limited to a warmer to keep items hot.

You can also donate individually packaged items (check website for needs).

You can sign up for any of these volunteer opportunities by using the links below or by contacting Maureen Williams at (410)251-0491 or mowilliams@comcast.net. Those signing up without assistance from Maureen should still contact her so that she can document all of Trinity's volunteers.

Check-in and Overnight:

<https://www.signupgenius.com/go/10C0F49ACAE2DA6F4C43-check>

Providing Meals:

<https://www.signupgenius.com/go/10C0F49ACAE2DA6F4C43-meal>



To support

Salisbury Urban Ministries

Sunday, February 13, 2022

Food, Football, and a Helping Hand! Sunday, February 13th the Super Bowl will be played between the NFC and AFC Champions. This will also benefit the Lazarus Food Pantry of Salisbury Urban Ministries. As always, the Trinity Family will have the opportunity to support this worthy cause! At each worship service on that Sunday at the sanctuary (8:30 & 10:00 a.m.) and at the FLC (10:00 a.m.), two containers will be placed in the back-one for each opposing team. You are encouraged to vote for your favorite team by placing your monetary donation in their container. Even if you don't like football, you can make a donation just for the fun of knowing that all the money will be going to help the needy through the Lazarus Food Pantry! We'll print the results in the next bulletin.

Thank you for your continued support.

In 2021 The Lazarus Food Pantry:

Served on average 111 households

(many visited the pantry on a monthly basis)

The Pantry's food purchase value totaled \$13,971

The Pantry staff and volunteers distributed 2791 bags of food

For additional information, please contact
Salisbury Urban Ministries, 410-749-1563

Salisbury Urban Ministries serves and ministers to the needs of materially impoverished people in our community.

February 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|--|---|
| | | 1 9:30am UMW "Esther" 10am Greek Class 5:15pm Admin Board | 2 10 am UMW Executive Meeting | 3 10am UMW "Ruth" 3pm ABC Study Group 4pm Handbell Choir 7pm Sanctuary Choir | 4 | 5 9am T-CAP No Sew Blankets |
| 6 8:30am Downtown Service 10am Embrace Service 10am Downtown Service 11:30am UMC Information Session | 7 1:30pm UMW Deborah 3:30m Hebrew Class | 8 10am Greek Class | 9 | 10 4pm Handbell Choir 7pm Sanctuary Choir | 11 | 12 |
| 13 8:30am Downtown Service 10am Embrace Service 10am Downtown Service | 14 3:30pm Hebrew Class 5:30pm HALO Feeding  | 15 10am Greek Class Trumpet Articles Due | 16 Joseph House Feeding | 17 3pm ABC Study Group 4pm Handbell Choir 5:30pm HALO Feeding 7pm Sanctuary Choir | 18 | 19 8am UMM 11am Betty Thomas Funeral |
| 20 8:30am Downtown Service 10am Embrace Service 10am Downtown Service Community Emergency Shelter Project (CESP) | 21 3:30pm Hebrew Class CHURCH OFFICE CLOSED Community Emergency Shelter Project (CESP)  | 22 10am Greek Class Community Emergency Shelter Project (CESP) | 23 Community Emergency Shelter Project (CESP) | 24 4pm Handbell Choir 7pm Sanctuary Choir Community Emergency Shelter Project (CESP) | 25 Community Emergency Shelter Project (CESP) | 26 SUM Men's Welcome Center Community Emergency Shelter Project (CESP) |
| 27 8:30am Downtown Service 10am Embrace Service 10am Downtown Service Community Emergency Shelter Project (CESP) | 28 3:30pm Hebrew Class |  | | | | |



PLEASE NOTE: If your name does not appear on this list it does not mean that we do not have you as a Trinity member. It only means that we do not have your birth date. Please give the church office a call with any additions to, or corrections of this list.

FEBRUARY

- 1 -** Paul Burns
Dara Gregory
Lindsey Hill
Olivia Paradis
- 2 -** Karen Albright
James Berkman
Bill Knopf
Haley Lowe
Lisa Lynch
Emily Moore
Marjorie Reading
- 3 -** Cole Dempsey
Terri East
Debra Giles
Carol Hardaway
Tracy Jones
Laura Lawson
Karen Lischick
Katelyn Marcum
Matigan Parsons
Audra Phippin
Franklin Stevens
Caleb Thamert
Kailey Thamert
- 4 -** Richard Ferro
Gordon Gladden
Lauren Laws
Calvin Snyder

- 5 -** Bill Doyle
Barbara Horsey
Sarah Kelley
Patricia Leonard
Charles Lowe
Piper Lynch
Lori Menzel
Logan Olds
Bruce Ritchie
Erich Wieland

- 6 -** Tim Emge
Ed Godfrey
Amanda Hurley
Wayne Phillips

- 7 -** Eric Jones
Michael Vorhis
Sana Waller

- 8 -** Katie Ayd
Ann Bailey
Samantha Glenn
Tyler Howard
Janet O'Brien

- 9 -** Michael Abercrombie, Sr.
Ciara Berry
Ryan Deysher
Shawn Elder
Orion Hinman
Cindy Jenkins
Ashley Lopez
DeVictoria
Tony Sarbanes
Amy Shockley
Jane Vickers
Rodney Warwick

- 10 -** Laurie Davies
Janet Fox
Linn Hickman
McLean Turner

- 11 -** Kelley Barbre
Alex Hearne
Laura King
Joyce Marvel
Bruce Rayne
Colin Thorsten

- 12 -** Zachary Dickerson
Kibble Kessick
Carlie Marvel
Denise McJilton
Nancy Moore
Luke Pitsenbarger
Adam Stanley

- 13 -** Samuel Bilski
Kristen Chandler
Gail Fowler
Jennifer Hamilton
Kristy McIntyre
Christian Payne
Kelly Stewart
John Swartz, Sr.
David Taylor
Janet Wright

- 14 -** Taylor Mooney
Jamie Tregoe
Chelsie Webster

- 15 -** Bryan Ashby
Ellen DiCintio
William Kniceley
Terry Nyquist
Frehiwot Smith

- 16 -** Megan Block
Avielle Hamilton
David Rivello
Kelli Thomas
Jessica Zockoll
Michael Zockoll

- 17 -** Sullie Ennis
Hunter Esham
John Herweh
Chloe Mason
Ryan Psota
Annemarie Shipley

- 18 -** Vicki Jackson
Jay Pearce

- 19 -** Doris Ball
Jessica Billard
Hal Chernoff
Frank DelGaudio IV
Linda Lackie
Tyler Post
Katrina Thorsten
Karen Travers
Richard Travers

- 20 -** Daniel Gregory
Allison Pittman
Bobbie Thamert
Alaina Vickers

- 21 -** Christopher Elburn
Todd Fishburn
Shawn Gray
Jack Harris
Timothy Pryor
Carol Sherwood

- 22 -** Gee Dunsten
Jane Kitzrow
Matthew Mann
Richard Meeks
Carter Nelson
Lyndsey Plymale

- 23 -** Grace Abercrombie
Lydia Crockett
Alan Johnson
Ezekiel Jones

- 24 -** Ginny Denayer
Luke Dunne
Patti Routenberg

- 25 -** David Corry
Sadie Guy
Michael Harmon
Janice Harrington
James Hearn
Elizabeth Ireland
Priscilla Timken
John Tull
Kenneth Vickers IV

- 26 -** Beth Henderson
Stuart Leer
Jenni Luppens
Caitlin McCain
Jason Pearce
Claire Rollins
Robert Taylor
Whitney Thompson
Ellen Turner

- 27 -** Lynn Douse
Karen Rickards

- 28 -** Liberty Herweh
Sol Smith
Scott Thorpe

- 29 -** Elliott Gray
Kay Mauzy
Jeffery Titus





Heart ♥ Health Month

Health Outreach Ministry
Dr. Dot Baker



February is "National Heart ♥ Health Month." What are the issues? Why should we be concerned? Heart and blood vessel diseases are major killers of American men and women. Except for COVID-19 deaths, more die of heart diseases than of cancer and lung diseases. About 120 million (one in three) Americans live with heart diseases. About 1,642 Americans die each day with these conditions (about 1 every 40 seconds). So, what can we do? Read about some simple steps to take care of your heart health.

♥Stop smoking --- Smoking causes diseases and can harm/kill you and others. Make an agreement with yourself to stop. Get information about programs & medications from your healthcare provider or local health department. Ask your family & friends to support you. Find resources at smoke-free.gov and each state has a 1-800-Quit Now phone line and program.

♥Get regular blood pressure checks and medical check-ups ♥Take your medicines as prescribed --- Use appointment and medicine reminders such as a calendar, note pad, pill box, or alarm wristwatch. Also, be sure to take other medicines for diabetes and cholesterol control as prescribed.

♥Maintain your optimal physical body --- Strive for a healthy weight and ability to move well. Improve your eating habits. Check with your healthcare provider and registered dietitian for help. Cut down on saturated fat, trans fat, sugar, & salt. Eat fruits, vegetables, cereals, beans, pasta, fish, skinless poultry, lean meats, and whole grains. Broil, bake, grill, or roast the meats. Avoid frying in oil. Use low/fat-free milk. Be active (check with your healthcare provider for appropriate level for you). Physical activity reduces risk of heart attack and helps control weight, blood pressure, & stress. Begin slowly & build up to a total of 30-60 minutes on most or all days of the week. Walk 10-15 minutes during breaks or after meals (Life's Simple 7 ®).

♥Relax --- God calls us to take some time apart. Use 15-20 minutes to sit quietly, breathe deeply, think about a peaceful scene and reflect on God's goodness. Try to avoid (or at least decrease) situations that upset you. Consider using a more positive response to difficult situations. Increase your physical activity - it naturally helps you relax & improves your mood and the way that you feel about yourself.

♥Learn more --- (1) Take a list of questions/comments to your healthcare provider. (2) Heart disease -visit heart.org or call 1-800-242-8721. (3) Stroke - visit StrokeAssociation.org or call 1-888-478-7653. (4) Heart Truth for Women @ The Heart Truth® | NHLBI, NIH
These sites have a number of interactive tools to help you and your family determine your risk factors. The sites offer education videos and fact sheets.

Scripture states that we need a thankful and clean heart and a caring spirit
Begin your Heart ♥ Health plan today

Sources: American Heart Association, American Stroke Association, Centers for Disease Control & Prevention, Heart Foundation, Johns Hopkins Medicine, Smokefree.gov Note: Review U.S. 2030 goals at the American Heart Association website.

This month is dedicated to the heart. It can be how we can protect our heart by following certain guidelines or it could mean showing someone how much we love them.

Gratitude is a very special way for us to express our love for one another and I found this article that gives us some examples of what we need to do.

Gratitude gets us in the habit of paying attention to the things going well in our lives.

Emiliana Simon-Thomas

Practice Gratitude with These 8 Daily Habits for Holistic Health Benefits:

To practice gratitude is more than feeling thankful for the good things in your life: it is a mindset that transcends your situation. By Emily Basanese

1. Appreciate everything, big or small

From sipping your coffee in the morning to scoring a promotion at work, no moment of happiness is too small to celebrate. By training your brain to focus on the good, you spend more time in that mindset and actively seek ways to bring you back to that place of positivity.

2. Be grateful for the challenges in life

This doesn't mean that you have to be excited or even feel happy every time you face resistance. It simply means you are extracting the positives from your tough situation (as few as they may be), allowing it to make you stronger, teach you, or draw you closer to those you love. Your hard experience may also benefit someone else. Whether you are able to band together or shepherd this person through their situation by your first-hand understanding, both are big positives you can take from challenges.

3. Practice mindfulness daily

Our lives are often lived at ultra-high speed. Packed schedules, long work hours, and plenty of at-home responsibilities keep us busy from sun up to sundown. These schedules have dialed back a notch due to COVID-19, but somehow we are able to fill the hours of every day while we are primarily at home. In the midst of the busyness, seek quiet and give yourself time to reflect. This can be done at any time of day, for any length of time – even 5 minutes. Allow your mind to cut through the clutter of ever-present items on your to-do list and rest. Meditate, practice yoga, sit in your favorite comfy chair in the house, or get some fresh air.

4. Keep a gratitude journal

A gratitude journal is any notebook or logs where you list the things you are thankful for and why. This trendy practice isn't all hype – it is a worthwhile exercise that will help you record positive items in your life. It isn't necessary to write every day but it is helpful to commit to a regular schedule. Be as detailed as possible and don't forget to write about the things you are grateful to have avoided as well.

5. Do something good

Creating your own positivity is a fantastic way to feel grateful. Use one of your most valuable assets – your time – to make a difference in someone's life. This could be as simple as visiting a relative, doing chores around the house without prompting, sending a letter, or volunteering in your local community.

6. Share your feelings with someone

Sometimes our personal tactics of journaling, mindfulness, or volunteering are not enough to get through life's toughest seasons. During these times, it can be helpful to share your feelings with a trusted confidante or pursue professional counseling. Identify the support you need and give yourself permission to obtain it.

7. Surround yourself with your favorite people

This is always a good idea! Your go-to crew is always a mood lifter, and it's likely the members of this elite group frequent your gratitude journal.

8. Do something to make you happy

Yep, treat yourself. There are several ways to get the good vibes flowing, and they don't always have to cost money. Make your favorite dinner, take a long bath, go to your favorite walking trail, or naturally get your endorphins pumping with the right amount of exercise.

The Benefits of Gratitude

There are many ways to practice gratitude daily; hopefully, we have given you a few tactics to tackle this worthwhile practice. Once you have picked a few habits that fit into your routine, sit back and enjoy the benefits. Here are some positives you may have to look forward to, according to Positive Psychology:

- Gratitude can help you make friends.
- Improves your physical and psychological health
- Increases your empathy and reduces aggression
- Gratitude improves your sleep
- Enhances your self-esteem

We hope that you experience all of these results while you practice gratitude!

Thank You Notes

To My Trinity Family,

Thank you for your expressions of sympathy following Harry's death. Your visits, calls, food, flowers and especially, your prayers have comforted our family.

Thank you also for all the cards and words of encouragement during his lengthy illness.

I am so glad to be a member of the family of God.

Sincerely, Marlene and the Waller Family

To All My Friends at Trinity,

Thank you for your prayers, calls, and get well cards. Dean's visit was much appreciated.

Tom DuPont

Dear Trinity Friends,

Just a note to thank you for your prayers and cards which have been a real blessing and encouragement to us. God has been so good and, while we are having some challenges, we are so thankful for the things we can still do.

Pearl has one more surgery coming up for a small cancer in her left breast. Thankfully it has been found in the early stages and will be done as an outpatient on December 6th. We are praying for God's touch and a quick healing.

Again, thanks so much for your prayers, cards and your special friendship. We are blessed!

In Christian Love,
Rev. Dixon and Pearl

Dear Trinity Friends,

Your expressions of care are treasured, and I truly appreciated the wonderful cards, calls and food I received after my operation. We are blessed to have such dear friends at Trinity Church.

Fondly,
Rosemary Greenwood

Dear Trinity United Methodist Church,

Thank you for choosing me as one of the scholarship recipients for the 2020-2021 school year. This scholarship will be a big help in my college career.

Sincerely,
Natalie Tull

Blood Bank of Delmarva Information by Health Outreach Ministry

January is Blood Bank Month. The Blood Bank of Delmarva's mission is to serve our community by meeting the needs of patients, hospitals, and members for safe, high quality blood products and related services.

Blood Bank of Delmarva is a non-profit community service organization that provides blood and blood products to 19 hospitals on the Delmarva Peninsula. More than 79,000 blood donations are needed in this area each year for about 20,000 patients across the Delmarva Peninsula.

The Blood Bank is asking for donations to meet "current shortages" of blood products. Donate to protect yourself, your family, and community. Call 888-825-6638 and check out the website and FAQs @ <https://www.delmarvablood.org/>





Trinity United Methodist Church
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Salisbury, MD 21801

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Monday - Friday