

Trinity Trumpet

Trinity United Methodist Church

April 2022

PASTOR'S MESSAGE

Renewal and Hope: Grace to you and Peace from God our Creator and Redeemer and Sustainer!

By the time you get this message, I will have been with Trinity Church for four Sundays (one month). It has been a wonderful experience. I have met some fantastic people, many on different sides or with different opinions of current events, yet still fantastic people with a heart for Trinity Church!

During these four weeks we have worshipped together in different venues: Mt. Hermon Road, High Street and online. Yes, online – which is the biggest of the three audiences. Covid continues to have an ever-present effect on our gathered faith community. Statistically, throughout the USA, churches are experiencing a 30-40% drop in actual in-person attendance from pre-covid numbers. This is true here at Trinity. Plus, we must acknowledge our issues that contribute to our current reality.

However, with joy, Spring has arrived. With the coming of Spring: renewal is witnessed; renewal is possible; renewal is hoped for and prayed for; and renewal is essential.

The Apostle Paul, in writing to the early church said, "Do not conform any longer to the pattern of the world but be transformed by the <u>renewing</u> of your mind..." (Romans 12:2) Earlier in his letter to the Romans the Apostle Paul reminds the people that not everything is easy but it's all worthwhile for those who seek and love God. Paul writes, "...we know that suffering produces perseverance; perseverance produces character; and character, hope. And <u>hope</u> does not disappoint us, because God has poured out God's love into our hearts by the Holy Spirit..." (Romans 5:3-4)

Trinity can't go wrong if it <u>renews</u> itself with the <u>hope</u> of God's eternal grace, forgiveness, and love. In other words: If we can focus on being a people of <u>hope</u> here at Trinity Church, then God's Grace, God's Forgiveness and God's Love will be <u>renewed</u> in us and through us to others.

Blessings,

Rev. Conrad O. Link, D.Min., Interim Pastor



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MARCH ATTENDANCE & OFFERING TOTALS

ATTENDANCE:

March 6 – Total 131 (Unity service)

March 13 – Total 186 (9:00 a.m. service 93; 10:30 a.m. service 93)

March 20 - Total 197 (9:00 a.m. service 133; 10:30 a.m. service 64)

March 27 - Total 200 ((9:00 a.m. service 129; 10:30 a.m. service 71)

Average online views 179

OFFERING:

March 6 – \$11,971.11 March 13 – 7,921.00 March 20 – 10,694.00

March 27 – 8,007.00

Lower Shore District

Stay or Go: Real Talk for United Methodists Exploring Their Future

April 23, 2022 9:00-10:30 a.m.

ZOOM Webinar

REGISTER HERE

https://bwcumc.zoom.us/webinar/register/WN onJr6Fj3QQuYDXH8-2iiMQ

What will ministry for our local churches look like in the coming years, as the dust settles from our discussions and decisions regarding denominational separation? What will stay the same and what will change about ministry in the continuing UMC? What is the WCA's vision for the Global Methodist Church? How will the logistics of each impact local churches and individuals?

Join us for this discussion with panelists from UMNext and the Wesleyan Covenant Association as they answer your questions about their visions for ministry after separation.

Rev. Bill Brown will serve as moderator.

Panelists will include:

Rev. Ginger Gaines-Cirelli (UMNext, BWC)

Rev. Dr. Vicki Gordy-Stith (UMNext, Pen-Del)

Rev. Dr. Rudy Bropleh (WCA, BWC)

Rev. David Bennett (WCA, Pen-Del)

Attendees are invited to submit questions to lowershore2021@gmail.com, and topics will be selected based upon those submissions. This webinar will be recorded for later viewing.

This session will not address the process for disaffiliation or the history of how the UMC arrived at this point. For resources on those topics, please contact your District Superintendent.







Trinity Church

(A United Methodist Congregation)

ONE CHURCH – Blessed With Two Locations

Downtown Salisbury Campus (DSC)

Rt. 50 & Division Street
Salisbury, MD 21801

Sunday Worship at 9:00 a.m.

Family Life Center Campus (FLC)

31193 Mt. Hermon Road Salisbury, MD 21804

Sunday Worship at 10:30 a.m.

WORSHIP AT TRINITY

Trinity Church – Downtown Campus at 9:00 a.m.; Trinity Church – Family Life Campus at 10:30 a.m.

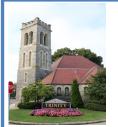
Persons are welcome to arrive at each location before the service or stay after each service for fellowship.

As we enter April,

- We will gather in worship for the fifth Sunday of Lent with message and Holy Communion (April 5).
- The sixth Sunday of Lent (which is also Palm/Passion Sunday) will include music and focus on the scriptural events of Palm Sunday, Jesus' triumphal arrival into Jerusalem and other events that happen during this holiest of weeks of Christianity.
- We will gather for Holy Thursday, Maundy Thursday, for this important yearly reminder of the Last Supper. The Holy Thursday Service will be for the entire Trinity Community at the Downtown Campus at 7:00 p.m.
- We will enter Good Friday, the day of the crucifixion, with moments of silence throughout the day each person left to their own thoughts of what it means for Jesus to die for our (my) sins upon the cross.
- Then on Easter we will gather and rejoice: The Lord is Risen; the Lord is Risen, Indeed! On the last Sunday of April, now in the season of Easter, we will recount events of the Resurrected Christ meeting his friends, disciples, and us!

Looking forward to May we will celebrate Holy Communion, Mother's Day, Graduation Day, Trinity Heritage Day, and Memorial Day which will take us into June and PENTECOST – the birth of the church worldwide by the empowerment of the Holy Spirit of God.

Friends, if you are trying to decide when to return to church in person start considering April and May as your go to moments. There is space for YOU and YOURS at each campus location.



Membership News

BAPTISM

March 20, 2022

Andrew Porter Endicott

Son of Seth Endicott and Heather Porter

Maternal Grandparents: Dennis and Nancy Porter

Paternal Grandparents: Donna and Charlie

Endicott

DEATHS

March 4, 2022

Robert J. Wilson

March 15, 2022

Mary T. Preller

March 20, 2022

Virginia A. Dulany



USHERS

Carolyn Lewis is currently working on ushers for the 9:00 a.m. worship service for the months of May and June and would really appreciate some additional volunteers. If this is something you can help with, please contact her at the church office on Tuesdays or Fridays from 8 a.m. to 4 p.m.

Thank you.



SALISBURY URBAN MINISTRIES DONATIONS NEEDED FOR

LAZARUS FOOD PANTRY:

- Cereal bars
- Snack crackers (Lance, Austin, etc.)
 - Deodorant

KIDS CAFÉ:

 Youth body wash/lotion/shampoo/deodorant (to fill Easter baskets)

MEN'S WELCOME CENTER:

• Men's white crew socks

Donations can be dropped off at Salisbury Urban Ministries Office 326 Barclay St Or call 410-749-1563



A WORD ON CHURCH FINANCES

Karen Albright, Chair, and her finance team have been faithful and diligent in their supervision of financial resources here at Trinity. April and May are a perfect time to catch up in giving our tithes and offerings in support of the church. Yes, the church is a bit behind in its income but as we look forward to the arrival of our new pastor now is the time to get our house in order. If you have any questions, you are encouraged to reach out to our church's accountant, Ms. Tracy Shannahan – tracy@trinityumcsalisbury.org She eagerly awaits to help you with your faithful stewardship to God's household known as Trinity Church.

Faithfully and Financially Yours,

Rev. Conrad O. Link, Interim Pastor and Karen Albright, CPA, TUMC Finance Chair







PEANUT

Please bring your favorite brand of peanut butter to Trinity during the month of April.

Give one Sunday or every Sunday. Give one jar or many jars . It's up to you. All donations benefit the Lazarus Food Pantry.

"What should we do then?' the crowd asked. John answered, 'Anyone who has two shirts should share with the one who has none, and anyone who has food should do the same." Luke 3:10-11

SANTA'S ANGELS FUNDRAISER

A fundraising Facebook Auction will take place from April 1st through April 10th for Santa's Angels. In order to participate in the auction, you must like the Santa's Angels Facebook page. Bids are done in the comments section of the post on the Facebook page. Many great items will be offered. Be sure to Like and Share the page to help raise money for families in need to celebrate Christmas in 2022.

HANDS & HEARTS ENDING HOMELESSNESS PROJECT

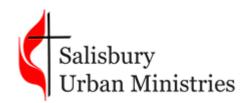
Several Trinity families supported the Hands & Hearts Ending Homelessness project during January, February and March. We provided more than twenty meals and assistance with overnight supervision and check-in on several occasions.

T-CAP



T-CAP has been very busy in March. Margy Meeks, Jenette Kaufman, Kathy Steber, Maureen Williams, Monta Kutchen and Joyce Dunn worked with sixth grade Choices Academy students to make "No Sew" blankets. This project was so successful that it was requested that we work with seventh and eighth students. We returned to Choices on March 24th and enjoyed being with selected seventh and eighth grade students who successfully completed their blankets.

Thanks to the Trinity family for your generous support of our many mission programs. The Missions Committee is always seeking additional ways to serve those in need and we welcome your ideas and support. Please contact me at mowilliams@comcast.net or (410) 251-0491 if you wish to get involved with any of our programs.





Become A Friend With Salisbury Urban Ministries

Salisbury Urban Ministries (SUM) was established in 1992 after clergy and laity met to develop programs to help the needy of the community. Seven Covenant Churches, of which Trinity UMC was one, along with 52 other partnering congregations and community in organizations support the SUM mission which is to provide programs that support and minister to the needs of the materially impoverished people of the community.

Over the years, the Trinity Family has supported the many SUM programs with their talents, time, volunteer hours, and donations. The variety of programs offered at SUM's 326 Barkley Street address in Salisbury is outstanding and award winning in some instances. Volunteers, many of whom have come from Trinity, are the backbone of the outreach services.

<u>The Kid's Café</u> program provides a safe learning environment for the children of the community. This after school and summer program meets four days a week year-round. The Café has partnered with the Wicomico Board of Ed to provide laptops for each student. Teaching and one-on-one mentoring along with field trips, activities, and services provide each student with the opportunity to grow in an academic, social, and civic way

<u>The Men's Welcome Center</u> is a combined effort of SUM's Covenant Churches and Joshua House Ministries and provides homeless men with the opportunity to receive personal hygiene items, food, and clothing.

<u>God's Kitchen</u> is an outreach program hosted at Grace UMC and meets the needs of the homeless with meals and health services. Fifty-two community organizations, including Trinity, provide lunches throughout the year.

<u>The Lazarus Food Pantry and Prescription Assistance</u> provides help to the poor of the three Lower Shore Counties throughout the years on each Tuesday and Thursday. Currently, anyone asking for and in need of food receives free bags of food once per month. Prescription assistance is given to those in need in the three counties.

The Trinity Family of Trinity UMC has been a friend of SUM for over 30 years. You might ask, "How can I become a better friend to SUM?" You can do that through:

SUPPORT: Make a monetary donation to the program of your choice or to the SUM petaling fund.

<u>VOLUNTEER:</u> SUM is always seeking volunteers. You can be: a volunteer at the Lazarus Food Pantry; a mentor at the Kid's Café; a volunteer at the Men's Welcome Center; or a host/hostess at God's Kitchen.

<u>DONATE</u>: Each Sunday morning containers are set up in both the Trinity downtown and FLC locations. Donations such as: non-perishable food items, personal hygiene items, school supplies, snacks, and clothing can be left at those locations.

Just Remember, each time we donate, we support, or we volunteer for SUM, we as the Trinity Family are becoming friends with and reaching out to the people that God has called us to serve!



PLEASE NOTE: If your name does not appear on this list it does not mean that we do not have you as a Trinity member. It only means that we do not have your birth date. Please give the church office a call with any additions to, or corrections of this list.

APRIL

- 1 J. D. Burkett Hunter Jones Zachary Kitzrow Eva Paxton Whipple
- 2 Bethany Banks Jessica Barnes Lauren Bilski Cameron Galloway Franny Johnson Ali Jones Jessica Kelly Reagan Shockley
- 3 Rebecca Dobson Joan Elliott Robert Freeman Amy Gilland Valerie Haldeman Bryan Hensley Kathy Martin Tina Shaffer
- **4** Lee Lawson Richard Parsons
- **5** Sarah Evans Kimberly Groves Maggie McCabe Nancy Nyquist Jill Sell Angela Smith Terry Walter

- 6 Casey Bellamy Katie Clatterbuck Casey Hawkins Kobe Heinicke Brooke Hudson Ross Marvel Zoe Sheller
- **7** Lauren Bailey James Phippin Kent Thorsten
- 8 Donald Baysinger
- 9 Lindsey Haldeman Gabriel Luppens Kennedy O'Malley Carole Rollins Maria Weaver
- 10 Chase Baker Chad Disharoon Richard Duvall Thomas Malone Juliette Pope Aubrey Sousa Billy Stewart
- 11 Tracy Bostwick Grant Lischick Clay Marcum Abbigail Nechay
- **12** Alec Bryson Ashleigh Carey Kelsey Ivy William Wiseman
- 13 Raymond Hudson Sarah Kauffman William Owens III Tammy Paxton Carter Spicer Daniel Warwick Kathy Warwick
- **14** Danny Collins John Glenn, Sr. Lee Grier Gavin Townsend Carol Wilson

- **15** Ashley Butler Kristen Iman Amy Kelley Trevor Lankford Lisa Moore
- 16 Lewis Carman Cooper Day Greg Fleming Steve Hammond Howard Iman Barry King Monta Kutchen Jillian Massey Kaitlyn Price Craig Snyder Kelly Tawes
- 17 Sarah Arrington
 Caitlyn Dunn
 Steve Greenwood
 Barbara Hannemann
 David Irvine
 Lisa Justice
 Carolyn Lewis
 Cherish Owens
 Sarah Phippin
 George Strott
- **18** Lucille Conway Darra Hansen Korinne Jones Kim Pelot
- **19** Cody Collins Tom Trice
- 20 Jennifer Berkman Joe Burris Peggy Iman Josh Layfield Hannah Olds Kemp Tregoe Beth Whittington
- 21 Fung Ying Cheng Kay Crouse Angie Dempsey Jane Ford Emily Harmon Alexander Lischick Jennifer Moore Heather North

- 22 William Hamilton Elliana Hapner Brody King Michelle Twilley
- 23 Marti Hawkins Casie Post Melanie Sammons
- **24** Robert Carlisle Alexa Hudson Bob Hussey
- 25 Anne Cornelius Ashley Marcum Jay Owen Tony Waller Selah Wilson
- 26 Dora Ashby Lynn Gaul Alice Kilgour Jeanie Long Christopher Vorhis
- 27 Brittnee Collins Grier Custis Erin Huddleston
- 28 Debbie Bailey Judy Bullock Christina Cook Thomas Fisher Andrew Fox Shanan Rogers Kristen Stuart Jessica Wattay
- 29 Kelly Lloyd Caryn Morris Jeremy Nelson Brian Weeg
- **30** Lynn Harris Sherry Pope Nancy Stephens

April 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sunuay	Monday	1 uesuay	vveunesday	Thursday	Friday 1	Saturday 2
					-	
3	4	5	6	7	8	9
9 am Downtown Sanctuary Worship 10:30am FLC Worship	1:30pm UMW "Deborah" 3:30pm Hebrew Class 5:15pm SPRC Meeting	1:00pm UMW "Esther" 5:15pm SPRC Meeting	10:00am UMW Executive Mtg	10am UMW "Ruth" 3pm ABC Study Group 4pm Handbell Choir 7pm Sanctuary		God's Kitchen
				Choir		
10	11	12	13	14	15	16
9 am Downtown	3:30pm Hebrew Class	5:15pm Trustees Meeting	6:30pm Sanctuary Choir	4pm Handbell Choir		
Sanctuary Worship 10:30am FLC Worship	Last Day for Lily Orders	5:15pm T-CAP Meeting	,	7pm Maundy Thursday Service	Trumpet Articles Due	
PALM SUNDAY				MAUNDY THURSDAY	GOOD FRIDAY	
17	18	19	20	21	22	23
9 am Downtown Sanctuary Worship 10:30am FLC Worship	3:30pm Hebrew Class Church Office Closed		5:15pm Missions Committee Meeting	3pm ABC Study Group 4pm Handbell Choir 5:15pm Finance		
				Committee Meeting 5:30pm HALO		
EASTER SUNDAY	EASTER MONDAY			Feeding 7pm Sanctuary Choir		
24	25	26	27	28	29	30
9 am Downtown Sanctuary Worship 10:30am FLC Worship	3:30pm Hebrew Class			4pm Handbell Choir 7pm Sanctuary Choir		9am UMW Conference Spring Event

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Nurses Corner By Carolyn Lewis, RN

Spring has arrived and people are beginning to be more visible doing outside activities such as planting flowers and bushes, cleaning up the yard and getting a garden ready to plant than staying inside.

It is always uplifting when we can see the beautiful colors of spring and feel the warmth of the sun and truly enjoy God's creations.

MEMORY LOSS

As we get older there are many changes that take place in our life and if you happen to be in the category then you might wonder sometimes if you are losing your memory. (I happen to be in the group and often have to retrace steps to remember what I went in a room for. Sometimes that works and sometimes it doesn't, but eventually it comes to me.)

I found this short list how you might determine if you are just having memory issues due to normal aging or if you might have Alzheimer's disease.

Many people can become more forgetful as they age. How can you tell the difference between mild forgetfulness and serious memory problems like Alzheimer's disease? See what's typical and what's not:

Normal aging:

- Making a bad decision once in a while
- Missing a monthly payment
- Forgetting which day it is and remembering later
- Sometimes forgetting which word to use
- Losing things from time to time

Alzheimer's disease:

- Making poor judgments and decisions a lot of the time
- Problems taking care of monthly bills
- Losing track of the date or time of year
- Trouble having a conversation
- Misplacing things often and being unable to find them

Although some forgetfulness comes with age, don't ignore changes in memory or thinking that concern you. Talk with your doctor if you notice you have more serious memory problems than normal.

To learn more about <u>forgetfulness and memory loss</u> visit: www.nia.nih.gov/understanding-memory-loss for more information about forgetfulness and memory loss.

I hope you have a blessed Easter and celebrate the Resurrection of our Lord and Savior. May the peace and love of our Lord and Savior be with you now

Recipe Corner



MINT CHOCOLATE CHIP BROWNIES

1 package of brownie mix
2 eggs
1/4 cup water
2/3 cups of vegetable oil
1 cup of mint chocolate chips
1/2 cup dark chocolate chips

Grease a 9x9 baking dish and mix all ingredients together and bake in a preheated 350

degree oven for 30 to 35 minutes or until a tooth pick comes out clean. Cool and cut and store in air tight container. I doubled the recipe and it turned out great. Baked it in a 9x13 greased pan and it took about 42 minutes.

P.S. These are really good with a dip of ice cream on top.



On behalf of Santa's Angels, we would like to thank you for your support. We have been blessed to be able to provide Christmas to over 100 families again this year. Please know that your generous donation has helped us to clothing shoes, toys, games, food, household items. Bedding and even furniture for families in our area. With your support, these

little children will find presents under the tree from Santa on Christmas morning.

Thank you again, Lora and Keith Adkins





"Folate/Folic Acid Nutrition Awareness"

Health Outreach Ministry Dr. Dot Baker



Folate is a B-vitamin that helps to build and keep our cells healthy. **Folate** occurs naturally in foods such as green leafy vegetables, fruits, and dried beans & peas. **Folic acid** is a form of folate that is added to vitamin supplements and to "fortified or enriched" foods such as cereals, breads, flours, pastas, rice, etc.

Why do we need folate/folic acid? Folate is essential to make and regenerate body cells. It is a basic building block. It helps make red blood cells that carry our oxygen supply and prevent anemia (too few red blood cells). It is protective to reduce the risk of certain cancers, heart disease, and thinking or mental conditions. It may protect against certain cancers. Folic acid helps to break down homocysteine — a substance that may play a part in fatty build-up in our blood vessels.

When do we need folate/folic acid? We need folic acid at all ages. Especially, women of childbearing age <u>must</u> get adequate folic acid **before** and **during** pregnancy. Folic acid reduces the baby's risk of birth defects called neural tube defects. These are conditions in which the brain, spinal cord, or the tissues protecting the brain or spine do not develop properly during pregnancy. Infants may be disabled and may even die.

How much folate/folic acid do we need? Intake is measured in micrograms (μg) per day. Infants need about 65-80, ages 1-3 years need 150, ages 4-8 need 200, ages 9-13 need 300, ages 14-18 need 400, and ages 19 & over need 400. Women who may become pregnant need 400, pregnant women need 600, and breastfeeding women need 500 (Office of Dietary Supplements). Check with your health care provider about conditions that increase your need for folate and about medications that can interfere with folate use in your body.

What are sources of folate/folic acid? Food sources of folate and folic acid: leafy green vegetables such as spinach, turnip greens, & broccoli; fruits such as citrus fruits & juices; dried beans and peas; fortified cereals; beef liver; asparagus; enriched rice, noodles & breads; peanuts, wheat germ; and eggs. Vitamin supplements may contain folic acid – read the label.

Sources of Information: Centers for Disease Control & Prevention, March of Dimes, Medline Plus, Office of Dietary Supplements (NIH), National Council on Folic Acid, Office on Women's Health

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